

SKILLS UNLIMITED PROGRAM

*Employment Assistance Services for
Immigrant & Visible Minority Women*

We work successfully with a wide range of professions – accountants, doctors, engineers, nurses, office workers, teachers, bankers, retail, social workers, lab technicians, daycare workers – as well as others with less education or skills.

Effective Job Search Skills
Canadian Work Experience
Resume and Cover Letters
Employment Interview Preparation
Computer Skills
Local Labour Market Information
Workplace Communication



INDIVIDUAL CAREER COUNSELLING

- ◆ Develop short and long-term career/ employment goals
- ◆ Information about regulated (licensed) and non-regulated professions/ trades
- ◆ Learn about education & training courses
- ◆ Utilize self-assessment materials
- ◆ Discover how to conduct efficient informational interviews

*Childcare and transportation assistance may
be available based on need.*

CLASSROOM SESSIONS
Discover your potential!

Contact Focus for Ethnic Women
for upcoming start dates.

Program funding provided by the
Government of Canada

Canada 

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- ◆ Provides employment assistance services to immigrant and visible minority women using a holistic approach and drawing on the participant's wealth of experience

HOW DO I REGISTER?

- ◆ You must be referred by the YMCA Newcomer Employment Centre 519-579-9622
- ◆ Contact Focus for Ethnic Women for more information

**EMPLOYMENT
ONTARIO**

Ontario's employment & training network



www.ontario.ca/employmentontario

1-800-387-5656

Toronto: 416-326-5656

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